

Private Yoga

IN TUSCAN VILLAS
with **Sara Varlani**



2024



It's time to
Reconnect

- PRIVATE YOGA TEACHER SERVICE -

ABOUT ME

My name is Sara and I am a certified Yoga Teacher based in Tuscany. I have been practicing and teaching Yoga for many years.

I believe that empathy and compassion are the key ingredients to set deep connections.

MY SERVICE

I am available to teach tailored private Yoga sessions for individual or groups. Premises in Tuscany are the perfect set: just contact me!



It's time to

Book a Class

- KEY POINTS -

LOCATION

Villas in Tuscany

AVAILABILITY

All year long

LANGUAGE

Italian

English

RATES* (VAT included)

150,00€ up to 4 people

25,00€ per person for every extra person

YOGA STYLES**

Hatha Yoga

Ashtanga Yoga

Vinyasa Yoga

Baptiste Power Yoga



DURATION

60' standard class

LEVEL

From Beginner to Advanced. Kids (from 10 years old) are welcome.

For a pleasant experience, a homogeneous level of practice is recommended

* Travel expenses are included if villas are within 30 mins driving from my house (Montespertoli, FI)

** On request a Yoga & Singing Bowls Special Session can be arranged. Details are provided during the booking phase

BOOK NOW

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